Criteria

The five criteria of the Apgar score:

<table>
<thead>
<tr>
<th>Component of backronym</th>
<th>Score of 0</th>
<th>Score of 1</th>
<th>Score of 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin color/Complexion</td>
<td>blue or pale all over</td>
<td>blue at extremities body pink <em>(acrocyanosis)</em></td>
<td>no cyanosis body and extremities pink</td>
</tr>
<tr>
<td>Pulse rate</td>
<td>Absent no response to stimulation</td>
<td>&lt;100 grimace/feeble cry when stimulated</td>
<td>≥100 cry or pull away when stimulated</td>
</tr>
<tr>
<td>Reflex irritability</td>
<td>none</td>
<td>some flexion</td>
<td>flexed arms and legs that resist extension</td>
</tr>
<tr>
<td>Muscle tone</td>
<td>absent</td>
<td>weak, irregular, gasping</td>
<td>strong, lusty cry</td>
</tr>
<tr>
<td>Breathing</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Apger score**

- **Appearance**
  - blue at extremities, body pink *(acrocyanosis)*
  - no cyanosis body and extremities pink

- **Pulse**
  - <50, asystole
  - >60 but <100
  - ≥100

- **Grimace**
  - no response to stimulation
  - grimace/feeble cry when stimulated
  - sneeze/cough/pulls away when stimulated

- **Activity**
  - none
  - some flexion
  - active movement

- **Respiration**
  - absent
  - weak or irregular
  - strong